

**Behavioral medicine in
Uppsala: 30 years later**

Report of Contributions

Contribution ID: 1

Type: **not specified**

Welcome Adress

Friday, 17 June 2022 10:00 (15 minutes)

Professor Anne H Berman, PhD, ISBM President
Dept of Psychology
Uppsala University

Associate Professor Linus Andersson, PhD, SBF President
Dept of Psychology
Umeå University

Professor Pernilla Åsenlöf, PhD, ISBM Education and Training Chair
Vice-dean, Faculty of Medicine
Division of Physiotherapy
Dept of Women's and Children's Health
Uppsala University

Presenters: Prof. BERMAN, Anne H (Uppsala University); Dr ANDERSSON, Linus; Prof. ÅSENLÖF, Pernilla

Contribution ID: 2

Type: **not specified**

Women's mental health during the reproductive lifespan (WOMHER)

Friday, 17 June 2022 10:15 (30 minutes)

Professor Karin Brocki, PhD
Dept of Psychology
Uppsala University

Contribution ID: 3

Type: **not specified**

Meaning and quality of life in chronic pain: Update and new directions

Friday, 17 June 2022 11:00 (30 minutes)

Professor Lance McCracken, PhD
Dept of Psychology
Uppsala University

Contribution ID: 4

Type: **not specified**

Mental fatigue in stress-related exhaustion disorder

Friday, 17 June 2022 11:45 (15 minutes)

Hanna Malmberg Gavelin, PhD
Dept of Psychology
Umeå University

Contribution ID: 5

Type: **not specified**

Patient endorsement of a biopsychosocial model of chronic pain predicts patient readiness to engage in multidisciplinary pain management

Friday, 17 June 2022 11:30 (15 minutes)

Ass. Prof. Maria Kleinstaueber, PhD

Dept of Psychology

Utah State University

<https://psychology.usu.edu/directory/faculty/kleinstaueber-maria>

Contribution ID: 7

Type: **not specified**

Behavioral medicine in Europe

Friday, 17 June 2022 14:30 (20 minutes)

Currently, five major scientific journals have their primary focus on behavioral medicine. This presentation will summarize publication metrics and major topics over the past 3 years for the International Journal of Behavioral Medicine (ISBM, published by Springer), Journal of Behavioral Medicine, Annals of Behavioral Medicine, Behavioral Medicine, and Translational Behavioral Medicine.

Presenter: Prof. BERMAN, Anne H (Uppsala University)

Contribution ID: 8

Type: **not specified**

Behavior and the heart: Internet-CBT for cardiac disease

Friday, 17 June 2022 14:50 (20 minutes)

Josefin Särholm, PhD
Dept. of Psychology
Karolinska Institutet

Contribution ID: 9

Type: **not specified**

Commit to your next step in behavioral medicine!

Friday, 17 June 2022 15:45 (10 minutes)

Publish?

Analyze data?

Apply for research funds?

Teach?

Catalyze your clinical practice?

Submit abstract and attend ICBM 2023, Aug 22-26, Vancouver, Canada?

Talk to your neighbor and commit!